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www.midamericatimetrialseries.com



www.ambikerace.com

2025 RRM 20K TT SUNDAY, APRIL 27

RETURN TO CHERRY VALLEY 20K SUNDAY, AUGUST 24

9:00AM, ONE MINUTE INTERVALS | Cherry Valley, IL

DIRECTIONS -, Deer Run Forest Preserve, 5691 River Rd, Cherry Valley, IL

Cherry Valley is located Southeast of Rockford, IL Nearest Highways are I90, I39 and US 20. From Cherry Valley go South on River Rd to Deer Run Forest Preserve.

AWARDS:

MATT'S points towards season overall prizes

Medals 5 deep in each age group and category.

Overall Fastest Riders: Fastest times of day.

(1st \$30, 2nd \$25, 3rd \$20, 4th \$15, 5th \$10, 6th \$10)

Overall Female Riders: Fastest times of day cash awards: (1st \$25, 2nd \$20, 3rd \$15)

Overall Junior Riders: Fastest times of day cash awards: (1st \$15, 2nd \$10, 3rd \$5)

Awards will be available day of race and at following MATT'S events and season ending awards event

RACE CLASSES:

	19-29	55-59	75-79
Open & Women			
Road Bike and TT Bike	30-39	60-64	80-84
Age and Skill Categories			
Cat 1-2	40-49	65-69	85-89
Cat 3	50-54	70-74	90+
Cat 4-5			
	Junior 14 and under		
	Junior 15-18		

- Back for 2025 -

Road Bike Categories for all ages and skill levels*

Para Cycling Categories

Upright | Tricycle | Tandem (Blind) | Hand Cycle

Deer Run Forest Preserve: Picnic tables, horse trails, hiking trails, canoe launch, pit toilet.

We are Guests. Treat this area as your home, backyard and Town.

COURSE DESCRIPTION

COURSE IS OPEN TO TRAFFIC

20 Kilometer out and back course on paved or chip seal roads. Start line at Deer Run Forest Preserve. Course Marshall at turn & turn around Promoter reserves right to adjust course if conditions warrant.

Strava - <https://www.strava.com/segments/1245039>

REGISTRATION:

Entry Fee: ABR Members \$30, Juniors racing Junior category \$15. Race second time \$10.

Day of Race: \$10 additional - Opens at 7:30am

ABR membership required, purchase one day \$5 or Annual \$25, Junior annual \$10

https://secure.getmeregistered.com/get_information.php?event_id=1217

Online registration:

Apr 27 [Apr 27 registration link](#)

Aug 24 coming soon on BikeReg

Mail In: Mail ABR Entry/Waiver, fee payable to Rock River Multisport to:
Rick Green - 612 Angelica Ln. Roscoe, IL. 61073

Start list & Results posted here:

Apr 27 [Apr 27 Start Results link](#)

Aug 24 [Aug 24 Start Results list link](#)

Questions: Rick: rgreen3591@gmail.com



[Rock River Multisport link](#)